

## ROGUE COMMUNITY COLLEGE DISTRICT (RCC) RIVER RAFTING TRIP GUIDELINES & WAIVER

- In addition to this packet, all Rafters must sign an <u>RCC General Purpose Waiver</u> and a <u>Medical</u> <u>Information & Emergency Contact Form</u> in order to participate in the River Rafting Trip.
- All Rafters should be in good physical condition and be comfortable in and around moving/turbulent water. Persons with any disabilities, medical restrictions, or any limitations which would prohibit them from participating in a strenuous physical activity should not raft.
- Group leaders are responsible for providing all persons in their group with trip information. All rafters should be prepared for all weather conditions and river conditions.
- Footwear and regulation life jackets are required to be worn by all Rafters on or near the water on all trips. Shoes should be fastened securely to the foot and over the heel. No bare feet or loose-fitting shoes will be allowed. An old pair of gym shoes with wool socks or neoprene booties works the best. In addition, a list of appropriate rafting attire is attached hereto.
- Rafts will have limited space for day use items such as sunglasses, sunscreen, etc.
- All safety equipment issued by guide, including personal flotation device, for the trip will be worn by Rafters at all times.
- No alcohol or illegal drugs will be allowed on the rafts, or consumed during trips.
- RCC reserves the right to have the final say in all matters pertaining to the trips and to amend policies at any time.
- Rafter is responsible for the return of any and all equipment for the river rafting which is provided or supplied by guide, and agrees that any such equipment will be returned in the same condition it was in when it was delivered to Rafter.
- Although RCC takes every precaution to make its river rafting trip safe and enjoyable, there are elements of danger in white water rafting; thus you must travel at your own risk. EACH RAFTER MUST RECEIVE AND READ AND SIGN THE ACTIVITIES, HAZARDS AND RISKS SPECIFIC TO RCC RIVER RAFTING TRIP, ATTACHED AS AN ADDENDUM HERETO, AND ACKNOWLEDGE THAT THE RAFTER'S EXECUTION OF THIS DOCUMENT AND THE RCC GENERAL PURPOSE WAIVER INCLUDES, BUT IS NOT LIMITED TO, A RELEASE AND WAIVER OF ANY INJURIES AND/OR DAMAGES ARISING FROM SUCH RISKS.

I have read the RCC River Rafting Trip Guidelines & Waiver set forth above and agree to strictly follow and comply with those policies at all times during the RCC River Rafting Trip.

Signature of Rafter						Date		Printed Name	



#### Activities, Hazards and Risks Specific to RCC River Rafting Trip

Participation by Rafter in the RCC River Rafting Trip may include but is not limited to the following activities, scheduled and unscheduled, voluntarily and involuntary: travel by water, swimming (referred to as anytime Participant is in the water), wading, hiking, climbing on rocks and slopes, portaging (carrying the watercraft between water travel sites) and travel to and from the activities.

The hazards and risks (together referred to as "risks") of the use of the watercraft include but are not limited to the following: entering, exiting and operating the watercraft; water which may be fast, deep, cold and subject to rapid change; objects which may be encountered in and out of the water, and which may not be obvious, including debris, trees, rocks, boulders, dams, bridges, and other hazards; the watercraft may overturn, swamp and sink and occupants may become separated from the craft; feet and other parts of the body may become entrapped in or under rocks and other objects; participants may strike or be struck by objects, other watercraft and other persons, in and outside of the watercraft. Risks of other activities include those associated with: hiking, and moving on and over terrain, including the shoreline, the premises of RCC and others, and elsewhere, which may be unstable, steep and slippery and where rocks, trees, and other objects may fall, and man-made and natural structures may fail: animals, including poisonous reptiles, and poisonous plants may cause harm; swimming in unfamiliar surroundings may cause entrapment, injury from slips and falls and drowning. Other risks include errors in judgment of RCC's staff or representatives and other participants, including the improper assessment of capabilities and conditions pertaining to the activities; certain activities may be instructional, and designed to extend the skills of participants; equipment may be misused or fail because of manufacturing defects or otherwise; collisions may occur while traveling by vehicle to and from the activities; the activities are subject to the unpredictable forces of nature, including exposure to the sun, cold, wind, hail, lighting, flash floods and other such phenomena: activities may take place in remote places, significantly delaying emergency medical care and evacuation.

Rafter acknowledges and understands that the description of the activities and risks above is not complete and that all activities, whether or not described, may be dangerous and may include risks which are inherent and cannot be reasonably avoided without changing the nature of the activity. Participation in the activities can cause bites, stings, allergic reactions, overexertion, heat stroke, hypothermia, illness due to contaminated water, burns cuts, bruises, strains, broken bones, and other injuries and illness. Property loss, and serious injury and death, including by falling and drowning, are possible.

RCC has made no effort to determine, and accepts no responsibility for, medical, physical or other qualifications or the suitability of Rafter, or other participants, for the activities. Rafter accepts full responsibility for determining Rafter's medical, physical or other qualifications or suitability for participating in the activities. Certain activities may be conducted by independent contractors hired by RCC. These contractors are not trained or supervised by RCC and RCC has no control over them and accepts no responsibility for their conduct. Rafters should inspect unfamiliar rapids and other hazards before attempting to pass through or over them.

I, the Rafter understand the nature of the activities which may occur in connection with RCC's River Rafting Trip, and the risks thereof, and acknowledge and agree that execution by Rafter of this document and the RCC General Purpose Waiver, includes but is not limited to, a full release and waiver of any injuries and/or damages arising from such risks, whether or not described above, known or unknown, and inherent or otherwise.

Rafter Signature:	_ Age:	Date <u>:</u>
Rafter Print Name:		
Parent/Guardian Signature (if student under 18):		Date:
Parent/Guardian Print Name:		
Date(s) of trip:		

#### **APPROPRIATE RAFTING ATTIRE**

### Spring Rafters

- Wetsuit
- Wool or pile synthetic hat (beanie)
- Polypropylene long johns top and bottoms (worn under wet suit)
- Wool gloves, rubber gloves, or wetsuit mitts
- Wool or synthetic pile sweater to be worn over wetsuit
- Wool or synthetic pile socks
- Windbreaker or rain jacket to be worn over sweater (no rain pants)
- Tennis shoes or wetsuit booties
- Shorts or cut-offs over wetsuits NO LONG PANTS
- Rafting helmet (if necessary)
- Regulation life jacket

#### Summer Rafters

- Sun glasses w/ glasses strap
- Suntan lotion
- Windbreaker or rain jacket
- Swimsuit or shorts
- Tennis shoes or rafting sandals
- Regulation life jacket

# Please make sure everyone in your group knows what to wear! Don't forget a towel and change of clothes for after your trip!